



TWO WORDS

2024



Niveau:

Musique "Follow My Road" by Lily Grace

Chorégraphes: Federica Dall'Aglio & Dylan DeClue

Temps: (64 counts A-B), 2 walls, 1 tag, restarts, final

SEQUENCE

A – A – A (16) RESTART INTO B – B – TAG – A – A – A (16) RESTART B – B (24) RESTART A – B – B – B – FINAL

PART A (32 COUNTS)

SECTION 1 : KICK, STOMP, FLICK STOMP, KICK STOMP, SWIVEL

1-2 kick L fwd, stomp up L beside R
3-4 flick L to the L, stomp L beside R
5-6 kick R fwd, stomp R fwd
7-8 swivel with R foot, recover on the L

SECTION 2 : KICK (X2), CROSS, ROCK BACK, STOMP (X2) HOLD

1-2 kick R fwd, kick L fwd
3-4 cross L on the R, rock (jumped) R behind
5-6 recover on the L, stomp R fwd
7-8 stomp L fwd, hold

SECTION 3 : HEEL, FLICK, HEEL FLICK, ROCK BACK ¼ TURN, STOMP (X2)

1-2 heel R fwd, flick left behind
3-4 heel L fwd, flick R behind
5-6 rock R (jumped) to the right ¼ turn to the L, recover on the L
7-8 stomp R fwd, stomp L fwd

SECTION 4 : HEEL, FLICK, HEEL FLICK, ROCK BACK ¼ TURN, SCUE, STOMP

1-2 heel R fwd, flick left behind
3-4 heel L fwd, flick R behind
5-6 rock R (jumped) to the right ¼ turn to the L, recover on the L
7-8 scuff R fwd, stomp R fwd

PART B (32 COUNTS)

SECTION 1 : KICK, CROSS, OPEN, CLOSE, HEEL JACK (X2), FLICK

1-2 kick R fwd, cross the R over the L
3-4 open both feet to the side, close the feet together, weight on the R
5-6 heel L diagonal to the L, recover together, weight on the L
7-8 heel R diagonal to the R, flick R behind

SECTION 2 : HALF GRAPEVINE, ROCK STEP ¼ TURN, TOE STRUT TURN (X2)

1-2 step R side to the R, cross L behind r
3-4 rock R side to the R, ¼ turn to the L, recover on the L
5-6 toe strut R ½ turn to the L, recover on the R
7-8 toe strut L ½ turn to the L, recover on the R

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SECTION 3 : SIDE ROCK ¼ TURN, KICK, CROSS, SIDE ROCK, KICK, HOOK

1-2 ¼ turn rock side R to the R, recover on the L

3-4 kick R fwd, cross R over the L

5-6 rock side L to the L, recover on the R

7-8 kick L fwd, hook L over the R

SECTION 4 : STEP-LOCK-STET, STOMP-UP, ROCK BACK, STOMP (X2)

1-2 step L fwd, lock R behind L

3-4 step L fwd, stomp-up R beside L

5-6 rock (jumped) R behind, recover on the L

7-8 stomp R fwd, stomp L fwd

TAG (20 counts)

SECTION 1 : STOMP, HOLD, STOMP, HOLD WEAVE TO THE R

1-2 stomp R side to the R, hold

3-4 stomp L side to the L, hold

5-6 step R to the R, cross L behind R

7-8 step R to the R, cross L over the R

SECTION 2 : ROCK ½ TURN STEP, SCUE, STEP SCUE, STEP SCUE

1-2 rock R ¼ to the R, recover on the L

3-4 ½ turn to the R, recover on the R, scuff L ¼ turn to the R beside R

5-6 step L diagonal to the L, scuff R beside L

7-8 step R diagonal back to the R, scuff L beside R

SECTION 3 : STEP, SCUE, STEP SCUE

1-2 step L diagonal back to the L, scuff R beside L

3-4 step R diagonal to the R, scuff L beside R

FINAL (8 counts)

SECTION 1 : ROCK BACK, STOMP, HOLD, STOMP (X3)

1-2 rock R (jumped) behind, recover on the L

3-4 stomp R beside L, hold

5-6 stomp L fwd, stomp R fwd

7-8 stomp L fwd, hold

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