



TO BE HONEST

2023



Niveau:

Musique: Rude by Sorbye & Jennebo

Chorégraphes: Federica Dall'Aglio

Temps: Intro - Part A - Part B - Tag

Séquence INTRO X 2 - AA-B- TAG 1
INTRO X 2 - A-BB- TAG 1
TAG 2 - BB

INTRO :16 COUNTS

SEC 1 (1-8) JAZZ BOX MODIFIED SHUFFLE X 2

1-2 Cross right over left, ¼ turn right step left back h. 3:00

3&4 ¼ turn right h. 6:00 step right forward, step left near to right, step left forward

5-6 Cross left over Right, ¼ turn left h. 3:00 step right back

7&8 ¼ turn left h. 12:00 step left forward step right near to left, step right forward

SEC 2 (9-16) STOMP, HOLD, SAILOR SCUFF, STOMP, HOLD, CROSS, TURN UNWIND

1-2 Step right in place, hold

3&4 step left behind right, step right to right, Scuff left to left

5-6 Stomp left in place, hold

7-8 Cross right over left, ½ turn left step right in place h. 6.00

PART A (32 COUNTS)

SEC 1 (1-8) STEP SCUFF, STEP SCUFF, WINE ¼ TURN, MAMBO BACK

1-2 Step right to right side, scuff left near to right

3-4 Step left to left side, scuff right near to left h. 12:00

5-6 step right to right side, step left behind right, ¼ turn right step right forward h.3:00

7-8 ¼ turn right heel strut right forward, hold

**SEC 2 (9-16) MAMBO STEP, HOLD, STEP BACK, HOLD, ½ TURN TOE STRUT,
¼ TURN TOE STRUT**

1-2 step left forward, recover on the right

3-4 step left back, hold, the weight is on the left

5-6 ½ turn to the right toe right, strut right h9.00

7-8 ¼ turn to the right toe left, strut left h12.00

**SEC 3 (17-24) STOMP HOLD, STOMP HOLD, SCUFF OUT OUT, HOLD, KICK, POINT,
½ TURN HEEL TOUCH, SCUFF OUT OUT, HOLD**

1-2 Stomp right in place, hold

3-4 Stomp left in place, hold

Association Varoise de Danse Country

5-6 Scuff right near to left, stomp right to right stomp
7-8 stomp left to left (weighting on right), hold

SEC 4(25-32) KICK, POINT, ½ TURN, HEEL, SCUFF, STOMP, STOMP, HOLD

1-2 Kick left forward, toe left touch back,
3-4 ½ turn left heel left forward, recover on the left
5-6 scuff right near to left, stomp right to right
7-8 stomp left to left, hold

PART B

SEC 1 (1-8) STEP STOMP UP, STEP STOMP UP, SHUFFLE, MAMBO STEP, JUMP TOGETHER, TOE UP TOE DROP IN PLACE

1& step right forward, stomp up left near to right
2& step left back, stomp up near to left
3&4 step right forward, step left near to right, step right forward
5&6& Step left forward, recover weight on right, ½ turn left step left forward,
jump up on the left with feet
7&8 stomp feet in place, toes up, toes recover in place

SEC 2 (9-16) WINE ¼ SCUFF, ¼ STEP, SCUFF STEP, KICK HOOK KICK, ¼ STOMP, KICK HOOK KICK, ¼ STOMP

1&2& Step right to right side, step left behind right, ¼ turn right h 3:00 step right forward,
scuff left near to right
3&4& ¼ turn right h 6:00 step left in place, scuff right near to left step right in place,
scuff left near to right
5&6& Kick left forward, hook left over right (tibia), Kick left forward, ¼ turn left stomp h 3:00
7&8& Kick right forward, hook right over left (tibia), Kick right forward, ¼ turn left stomp h 12:00

SEC 3 (17-24) SIDE RECOVER CROSS, TAP TOUCH SCUFF CROSS, ROCK BACK STOMP UP, KICK CROSS BACK, KICK CROSS BACK

&1& Step right to right side, step left near to right, cross right over left
2&3 tap touch left back near to right, scuff left near to right, cross left over right
&4& step right back, recover weight on left, stomp up right near to left
5&6 kick right forward, cross right over left and hook left behind right,
recover left in place and kick right forward
&7& cross right over left and hook left behind right, recover left in place, step right back
8& recover weight on left, stomp right near to left

SEC 4 (26-27) ROCK RECOVER, ½ TURN ROCK RECOVER, ½ TURN ROCK STOMP

1& Step left forward, recover on right
2& ½ turn left h 6:00 step left forward recover on right
3- ½ turn left step left forward.

TAG 1 (4 COUNTS)

SEC 1(1-4)

1- Stomp right in place
2-3-4 hold

TAG 64 COUNTS

SEC 1 (1-8) STEP LONG SLIDE, ¼ TURN STEP LONG SLIDE, ¼ TURN STEP LONG SLIDE, HOLD HOLD

1-2 Step long right to right side, slide left starting to left ending near to right
3-4 ¼ turn right h 3:00 Step long left to left side, slide right starting to right ending near to left
5-6 ¼ turn right h 6:00 Step long right to right side, slide left starting to left ending near to right
7-8 hold, hold

SEC 2 (9-16) STEP LONG, SLIDE, SAILOR STEP, CROSS UNWIND

1-2 Long step left forward, slide right to back from forward near to left without weight

3&4 step right behind left, step left to left, step right to right with weight

5-6-7-8 touch left behind right, 1 torn complete to left drop heel left in place

SEC 3 (17-24) REPEAT SEQ 1

SEC 4 (25-32) REPEAT SEQ 2

SEC 5 (33-40) RUMBA BOX SHUFFLE STOMP, STOMP,

1&2 Step right to right side, step left near to right, step right to right

3&4 1/4 turn right h 3:00 Step left to left side, step right near to left, step left to left side

5&6 1/4 turn right h 6:00 Step right to right side, step left near to right, step right to right side

7-8 Stomp left, stomp right.

SEC 6 (41-48) SHUFFLE FORWARD, SAILOR STEP, CROSS UNWIND.

1&2 Step left forward, step right near to left, step left forward

3&4 step right behind left, step left to left, step right to right with weight

5-6-7-8 touch left behind right, 1 torn complete to left drop heel left in place

SEC 7 (49-56) REPEAT SEQ 5

SEC 8 (57-64) REPEAT SEQ 6

RECOMMENCER AU DEBUT