



MAKE YOU SMILE



Niveau :

Musique: I'm not alright

Chorégraphes: Laura Jones

Type Danse en ligne

Temps : 64 Counts, 4 murs, 2 tags, 1 restart

mur 5: TAG 1

mur 9: TAG 2

restart mur 13 après 8 comptes

SECTION 1	SIDE ROCK KICK CROSS – TOE L – SCUFF L – HOLD
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1 – 2	R foot to the R – recover
3 – 4	kick R fwd - step R over L
5 – 6	touch L toe - scuff L
7 – 8	step L fwd - hold

SECTION 2	ROCKSTEP R FWRD – TOE STRUT ½ TURN R – TOE STRUT ½ TURN R – ROCKSTEP R BACK
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1 – 2	step R fwd - recover
3 – 4	toe strut R ½ turn R
5 – 6	toe strut L ½ turn R
7 – 8	step R back - recover

SECTION 3	KICK R – FLICK R – STEP R – FLICK L – STEP L – HOOK R – STEP R – FLICK L
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1 – 2	kick R fwd – flick R
3 – 4	step R fwd – flick L
5 – 6	step L ¼ turn R – hook R
7 – 8	step R ¼ turn R – flick L

SECTION 4	GRAPEVINE L – ROCKSTEP ¼ TURN – STOMP L – STOMP L
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1 – 2	step L to the L – step R behind L
3 – 4	step L to the L – step R over L
5 – 6	step L turn ¼ L – recover
7 – 8	step L next to R – stomp L - stomp L

TAG 1 : 16 COUNTS

SECTION 1	GRAPEVINE R – PIVOT ½ TURN R – PIVOT ½ TURN R
1 – 2	step R to the R – step L behind R
3 – 4	step R to the R – scuff
5 – 6	step L fwd – turn ½ R
7 – 8	step L fwd – turn ½ R

SECTION 2	GRAPEVINE L – PIVOT ½ TURN L – PIVOT ½ TURN L
1 – 2	step L to the L – step R behind L
3 – 4	step L to the L – scuff
5 – 6	step R fwd – turn ½ L
7 – 8	step R fwd – turn ½ L

TAG 2 : 32 COUNTS

SECTION 1	GRAPEVINE R – PIVOT ½ TURN R – PIVOT ½ TURN R
1 – 2	step R to the R – step L behind R
3 – 4	step R to the R – scuff
5 – 6	step L fwd – turn ½ R
7 – 8	step L fwd – turn ½ R

SECTION 2	GRAPEVINE L – PIVOT ½ TURN L – PIVOT ½ TURN L
1 – 2	step L to the L – step R behind L
3 – 4	step L to the L – scuff
5 – 6	step R fwd – turn ½ L
7 – 8	step R fwd – turn ½ L

SECTION 3	STEP R – FLICK L- STEP L – FLICK R – SIDE ROCK CROSS R
1 – 2	step R to the R – flick L
3 – 4	step L to the L – flick R
5 – 6	step R to the R – recover
7 – 8	step R over L – hold

SECTION 4	SIDE ROCK CROSS L – PIVOT ½ TURN L
1 – 2	step L to the L – recover
3 – 4	step L over R – hold
5 – 6	step R fwd – turn ½ L
7 – 8	step R fwd – turn ½ L

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