



LIFE WITHOUT U



Niveau:

Chorégraphe : Maggie GALLAGHER

Type: Danse en ligne

Comptes: 64 temps, 4 murs, Intermediaire, 2009

Musique: My Life Would Suck « Without You » par Kelly CLARKSON

Intro: 32 fast counts (13sec) Start on Vocals. (Total Song Duration 3m 42s) CW rotation

SECTION 1 1-8 STEP, 1/2 PIVOT LEFT, RIGHT SHUFFLE, FULL TURN RIGHT, ROCK FORWARD, RECOVER

- 1,2 Step forward on right, 1/2 pivot turn left (6.00)
- 3&4 Step forward on right, Step left next to right, Step forward on right
- 5,6 1/2 turn right stepping back on left, 1/2 turn right stepping forward on right (6.00)
- 7,8 Rock forward onto left, Recover onto right

SECTION 2 9-16 LEFT TOE-STRUT BACK, WALK BACK, 1/2 LEFT, WALK, HOLD, 3/4 RIGHT

- 1,2 Step back on left toe, step down on left heel
- 3,4 Walk back on right, 1/2 turn left stepping forward on left (12.00)
- 5,6 Walk forward on right, HOLD
- 7,8 1/2 turn right stepping back on left, 1/4 turn right stepping right to right side (9.00)

SECTION 3 17-24 CROSS ROCK, RECOVER, LEFT SIDE CHASSE, LEFT WEAVE

- 1,2 Cross rock left over right, Recover onto right
- 3&4 Step left to left side, Step right beside left, Step left to left side
- 5,6 Cross right over left, Step left to left side
- 7,8 Cross right behind left, Step left to left side (9.00)

SECTION 4 25-32 CROSS ROCK, RECOVER, RIGHT SIDE CHASSE, 1/2 HINGE TURN x2, 1/2 HINGE TURN WITH SIDE ROCK, RECOVER

- 1,2 Cross rock right over left, Recover onto left
- 3&4 Step right to right side, Step left beside right, Step right to right side
- 5,6 1/2 hinge turn right step left to left side, 1/2 hinge turn right stepping right to right side (9.00)
- 7,8 1/2 hinge turn right rocking out to left side, Recover onto right (3.00)

SECTION 5 33-40 STOMP, HOLD, HEEL TAPS, TOGETHER, TOUCH, HIP BUMP R , HIP BUMP L WITH HITCH

- 1,2 Stomp left beside right, HOLD
- 3&4 Tap right heel forward, Step right next to left, Tap left heel forward
- &5,6 Step left next to right, Touch right next to left, HOLD
- 7,8 Step right to right side bumping hips right, Bump hips left hitching right knee

SECTION 6 41-48 R SIDE CHASSE, ROCK BACK, RECOVER, LEFT SIDE CHASSE, ROCK BACK, RECOVER

- 1&2 Step right to right side, step left beside right, Step right to right side
- 3,4 Rock back onto left, recover onto right
- 5&6 Step left to left side, Step right beside left, Step left to left side
- 7,8 Rock back on right, Recover onto left

SECTION 7 49-56 HALF MONTEREY TURNS RIGHT x4

- 1,2 Point right to right side, 1/2 turn right stepping right beside left (9.00)
- 3,4 Point left to left side, Step left beside right
- 5,6 Point right to right side, 1/2 turn right stepping right beside left (3.00)
- 7,8 Point left to left side, Step left beside right

OPTIONAL ARMS : Only during the chorus – Arms may be raised each time you point a leg to the side and lowered as you turn.

SECTION 8 57-64 RIGHT ROCKING CHAIR, RIGHT TOE-STRUT, LEFT TOE-STRUT

- 1,2 Rock forward onto right, Recover onto left
- 3,4 Rock back onto right, Recover onto left
- 5,6 Step right toe forward, Step onto right heel in place
- 7,8 Step left toe forward, Step left heel in place (3.00)

TAGS:4 count Tags occur at ends of walls 1 and 3, with and 8 count tag at the end of wall 5. The 8 count tag is the 4 count tag executed twice. This occurs on the first three side walls.

TAG: RIGHT JAZZ BOX

- 1,2 Cross right over left, Step back on left
- 3,4 Step right to right side, Step left next to right

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