



CHANGE MY WAYS



Niveau:

Chorégraphe: José Miguel Belloque Vane (NL), Roy Verdonk (NL) March 2017

Musique: Change My Ways - Mike Zito

Temps: 48 comptes 4 murs

Départ: Après 48 comptes d'intro.

SECTION 1 1-8 SIDE, BEHIND, SIDE, VAUDEVILLE, CROSS, SIDE, SYNCOPATED WEAVE

1-2& Rf step right, Lf cross behind, Rf step right (&)

3&4& Lf cross in front of Rf, Rf step back diagonally right (&), Lf touch heel diagonally forward left, Lf step next to Rf (&)

5-6 Rf cross in front of Lf, Lf step left

7&8 Rf cross behind Lf, Lf step left (&), Rf cross in front of Lf

SECTION 2 9-16 WALKS IN 1/2 CIRCLE L (L,R), 1/2 TURN L WITH SWEEP, BEHIND, SIDE, CROSS SHUFFLE WITH HOLD, BALL, CROSS, 1/4 TURN L, BACK, SIDE

1-2 Make 1/4 turn left stepping Lf forward (9.00), make 1/4 turn left stepping Rf forward (6.00) & make 1/2 turn left on Rf sweeping Lf from front to back (&) (12.00)

3& Lf cross behind Rf, Rf step right (&)

4&5 Lf cross in front of Rf, Rf step right (&), Lf cross in front of Rf

6& hold, Rf step right (&)

7&8 Lf cross in front of Rf, make 1/4 turn left (9.00) stepping Rf back (&), Lf step left

SECTION 3 17-24 CROSS, SIDE, SAILOR STEP INTO LOCK STEP DIAGONAL, FORWARD, FULL TURN L INTO LOCK STEP

1-2 Rf cross in front of Lf, Lf step left

3&4&5 Rf cross behind Lf, Lf step left (&), Rf step forward to right diagonal (10.30), Lf lock behind Rf (&), Rf step forward to right diagonal

6-7 Lf step forward (10.30), make 1/2 turn left stepping Rf back (4.30)

8&1 make 1/2 turn left stepping Lf forward (10.30), Rf lock behind Lf (&), Lf step forward on diagonal (10.30)

SECTION 4 25-32 ROCK/RECOVER, 1/8 TURN R, CHASSE R, 1/8 TURN R, ROCK/RECOVER WITH SWEEP, STEP BACK WITH SWEEP

2-3 Rf rock forward, recover onto Lf making 1/8 turn right (12.00)

4&5 Rf step right, Lf step together (&), Rf step right

6-7 make 1/8 turn right rocking forward on Lf (1.30), recover onto Rf sweeping Lf from front to back

8 Lf step back sweeping Rf from front to back

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**SECTION 5 33-40 WEAVE WITH 1/4 TURN L, STEP FORWARD, 1/2 TURN R,
SHUFFLE WITH 1/2 TURN R, BACK, 1/2 TURN L, FORWARD (L, R)**

- 1&2 make 1/8 turn left crossing Rf behind Lf (12.00), Lf step left (&),
make 1/8 turn left stepping Rf forward (10.30)
3-4 Lf step forward, make 1/2 turn right stepping Rf forward (4.30)
5&6 make 1/4 turn right stepping Lf left (7.30), Rf step next to Lf (&),
make 1/4 turn right stepping Lf back(10.30)
7&8 Rf step back, make 1/2 turn left stepping forward Lf (4.30) (&), Rf step forward

**SECTION 6 41-48 ROCK/RECOVER, SHUFFLE 1/2 TURN L, SYNCOPATED LOCKSTEPS WITH
1/8 TURN L, SCUFF**

- 1-2 Lf rock forward, recover onto Rf
3&4 make 1/4 turn left stepping Lf left (1.30), Rf step next to Lf (&),
make 1/4 turn left stepping Lf forward (10.30)
5&6& Rf step forward, Lf lock behind Rf (&), Rf step forward,
make 1/8 turn left (9.00) stepping Lf diagonally forward left left (&)
7&8 Rf cross behind Lf, Lf step diagonally forward left (&), Rf scuff next to Lf

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