



# EASY TWIST



Niveau:

Musique: *Anyone Can Play (Rock Version) Glen Campbel*

Chorégraphie: *Séverine Fillion (February 2019)*

Temps: 32 temps 4 Murs

Intro: 16 temps

## **SECTION 1 1-8 SIDE SHUFFLE, BACK ROCK, SIDE TOE STRUT, CROSS TOE STRUT**

1&2 Shuffle right – left – right to right side 12:00

3-4 Rock back on left, recover on right

5-6 Left ball to left side, drop left heel on the floor

**Option style : Turn your chest to the left (at 9:00) + Snap both hands on sides**

7-8 Right ball cross over left, drop right heel on the floor

**Option style : Turn your chest to the left (at 9:00) + Snap both hands on sides**

## **SECTION 2 9-16 SIDE SHUFFLE, BACK ROCK, SIDE TOE STRUT, CROSS TOE STRUT**

1&2 Shuffle left – right – left to left side 12 :00

3-4 Rock back on right, recover on left

5-6 Right ball to right side, drop right heel on the floor

**Option style: Turn your chest to the right (at 3:00) + Snap both hands on sides**

7-8 Left ball cross over right, drop left heel on the floor

**Option style: Turn your chest to the right (at 3:00) + Snap both hands on sides**

## **SECTION 3 17-24 SIDE STEP, KICK, SIDE STEP KICK, & JUMP BACK OUT OUT, HOLD, ELVIS KNEE**

1-2 Right step to right side, Left Kick diagonally right fwd 12:00

3-4 Left step to left side, right Kick diagonally left fwd

&5 Little jump back : Right to right (OUT), left to left (OUT)

6 Hold

7-8 Twist your right knee « IN », recover weight on right & Twit your left knee « IN »

## **SECTION 4 25-32 VINE 1/4 TURN LEFT, SCUFF, TOE HEEL TOE HEEL TWIST**

1-4 Left to left, right cross behind left, 1/4 turn left stepping left fwd, Scuff right 9:00

5-8 Travelling to right on left foot : Touch right toe next to left, Touch right heel fwd,  
Touch right toe next to left, Touch right heel fwd

## **RECOMMENCEZ AU DEBUT**

**Association Varoise de Danse Country**